

# Highlights from 2023 Household Travel Survey

Regional Staff Committee  
21 November 2024



Puget Sound Regional Council



*We are leaders in the region to realize equity for all. Diversity, racial equity and inclusion are integrated into how we carry out all our work.*

[psrc.org/equity](https://psrc.org/equity)



# Overview



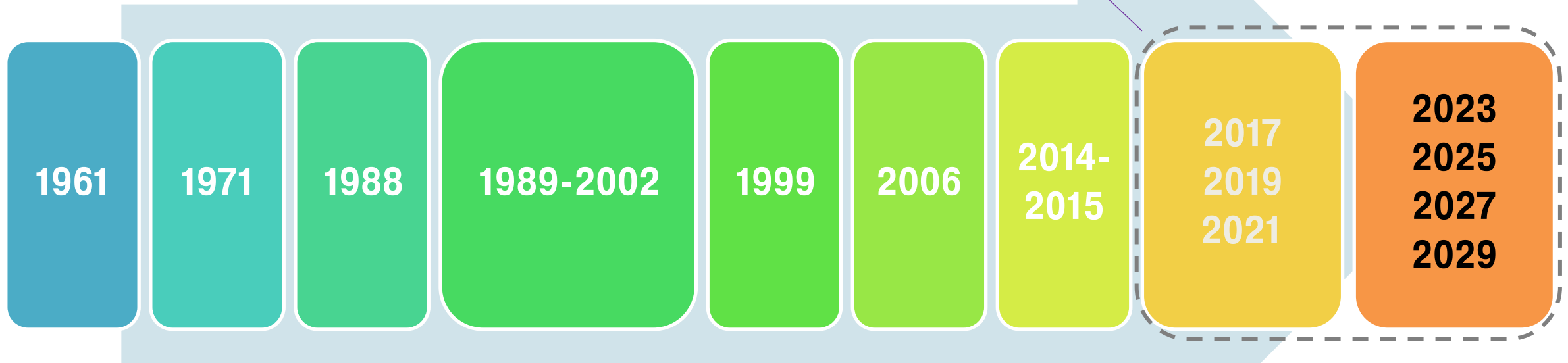
- Brief intro to the Household Travel Survey (HTS) Program
- Highlights from the 2023 survey  
(Contributions from PSRC HTS analysis team, especially Grant Gibson, Kristin Mitchell, Joanne Lin, & Michael Jensen)
- Updates on 2025 survey



# Puget Sound Regional Travel Studies

## More frequent snapshots

allows for more timely analysis  
& monitoring of trends. Data  
can be combined across years.



Webpage: <https://www.psrc.org/household-travel-survey-program>



# Multi-year HTS program goal

The surveys capture **regionally representative** data for activity/travel behavior of **residents** on a **typical weekday**.

Data representing  
Monday–Thursday

Random (address-based) sampling  
+ extensive representation of people  
& places + data weighting

Other travels (visitors,  
external/pass-through,  
commercial) not captured

For additional info, see [May 2024 RSC presentation](#).



# 2024 presentations of 2023 HTS findings

- **Transportation Demand Management group** ([8/27 presentation](#) on workplaces, commutes, telework)
- **Bicycle Pedestrian Advisory Committee** ([9/10 presentation](#) on walk, bike, roll)
- **Coordinated Mobility & Accessibility Committee** ([9/18 presentation](#) on people with disabilities, older adults, youth, people with lower income)
- **Regional Transit-Oriented Development Committee** ([9/20 presentation](#) on travel in Regional Growth Centers, High-Capacity Transit communities)
- **Freight Advisory Committee** ([10/9 presentation](#) on deliveries & other travel demands induced by residents)
- **Transit Operator Committee** ([10/23 presentation](#) on transit behaviors)



# Highlights from the 2023 HTS



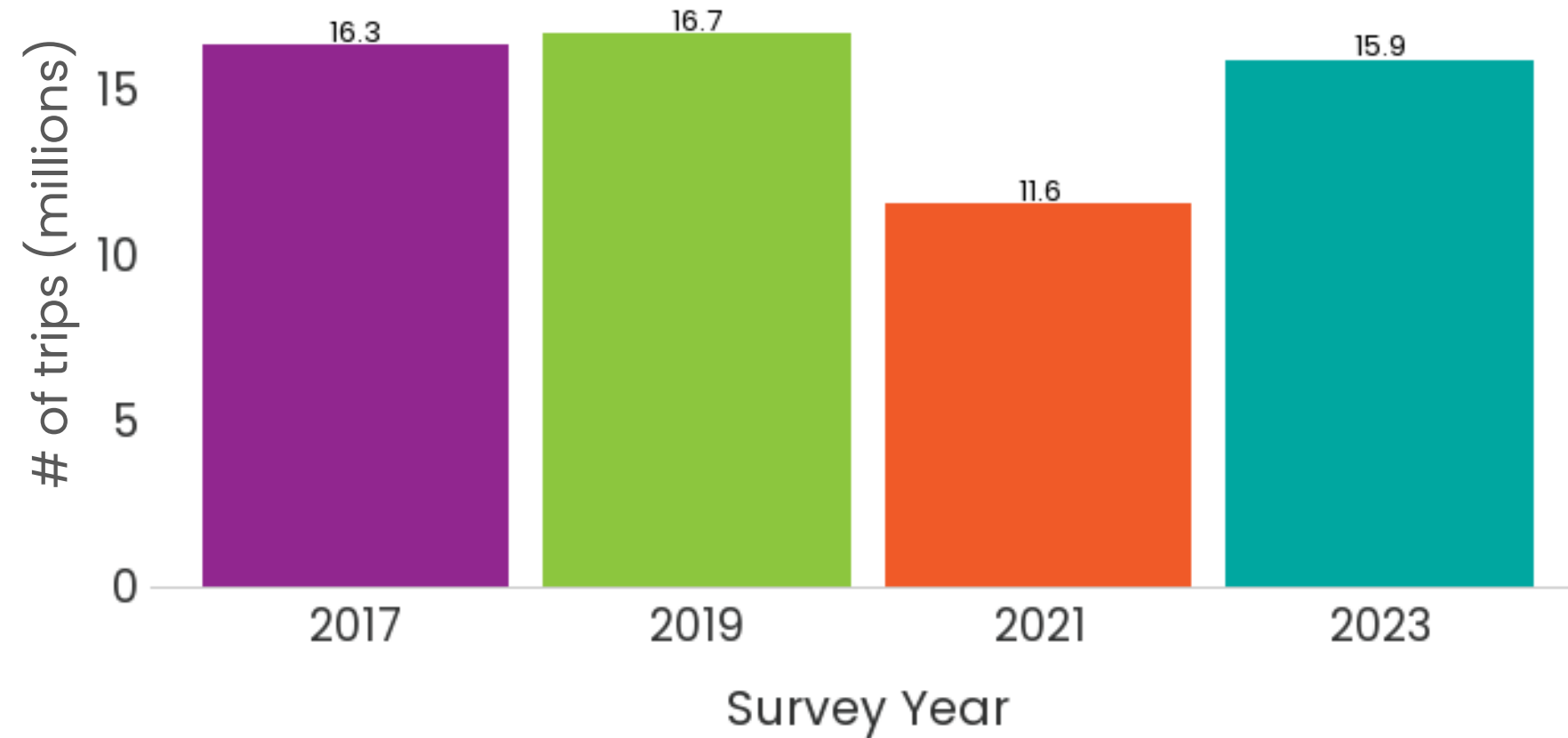
- Overall travel
- Work location
- Walking
- Disability status
- Regional Growth Centers
- Package deliveries
- Transit access





# Overall travel

Total trips in region on average weekday



Number of trips made on an average weekday in 2023 is nearly back to pre-pandemic level.

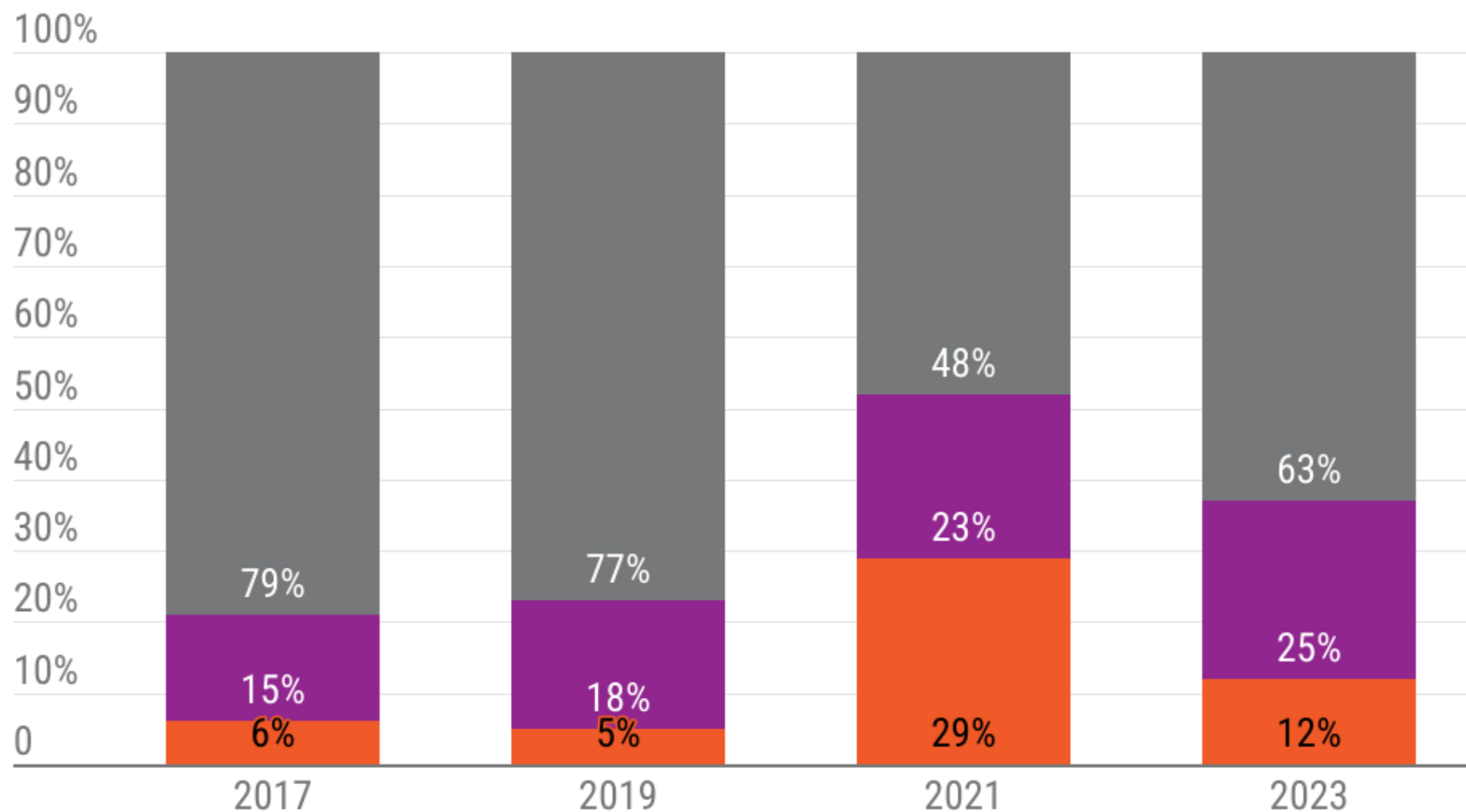


# Work location

Share of workers regionally

See [8/27 TDM](#) for related analyses by industry, income, race/ethnicity, age, gender, geography

● Fully At Home ● Hybrid ● Fully in Person



Most workers work fully in person away from home (63% in 2023).

Fully at home workers peaked at 29% in 2021.

Hybrid workers increased after COVID-19 & remain high in 2023.



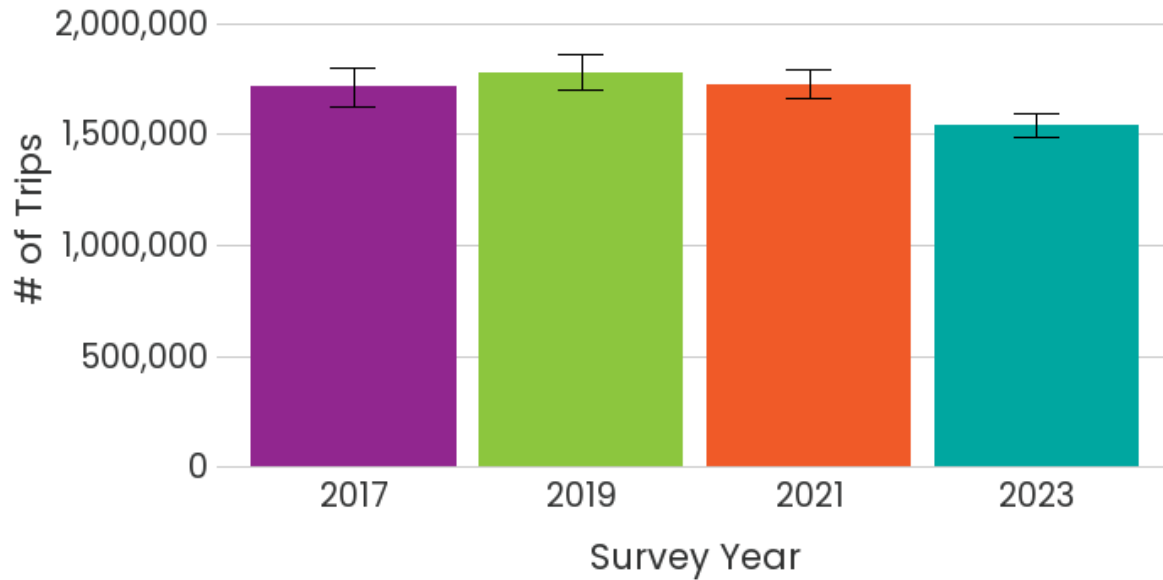


# Walking

## Number & share of trips in region

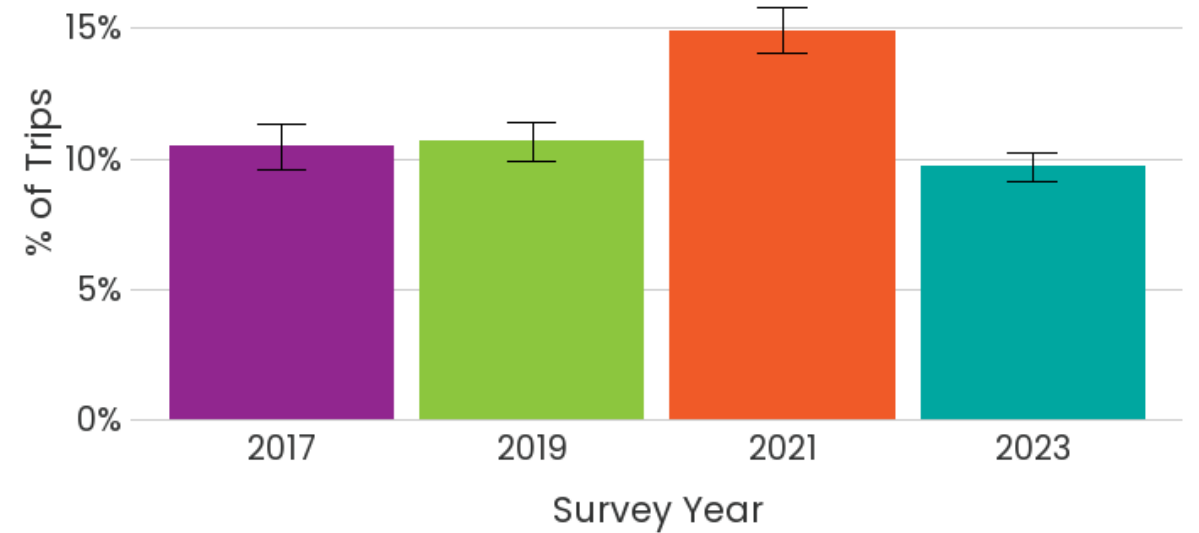
See [9/10 BPAC](#) for walk/bike analyses by geography, purpose, & demographics

### Walk Trips - Estimate



Total number of walking trips on an average weekday decreased from 2021.

### Walk Trips - Share



Share of trips made by walking in 2023 is closer to pre-pandemic years.



# Mode share by disability status

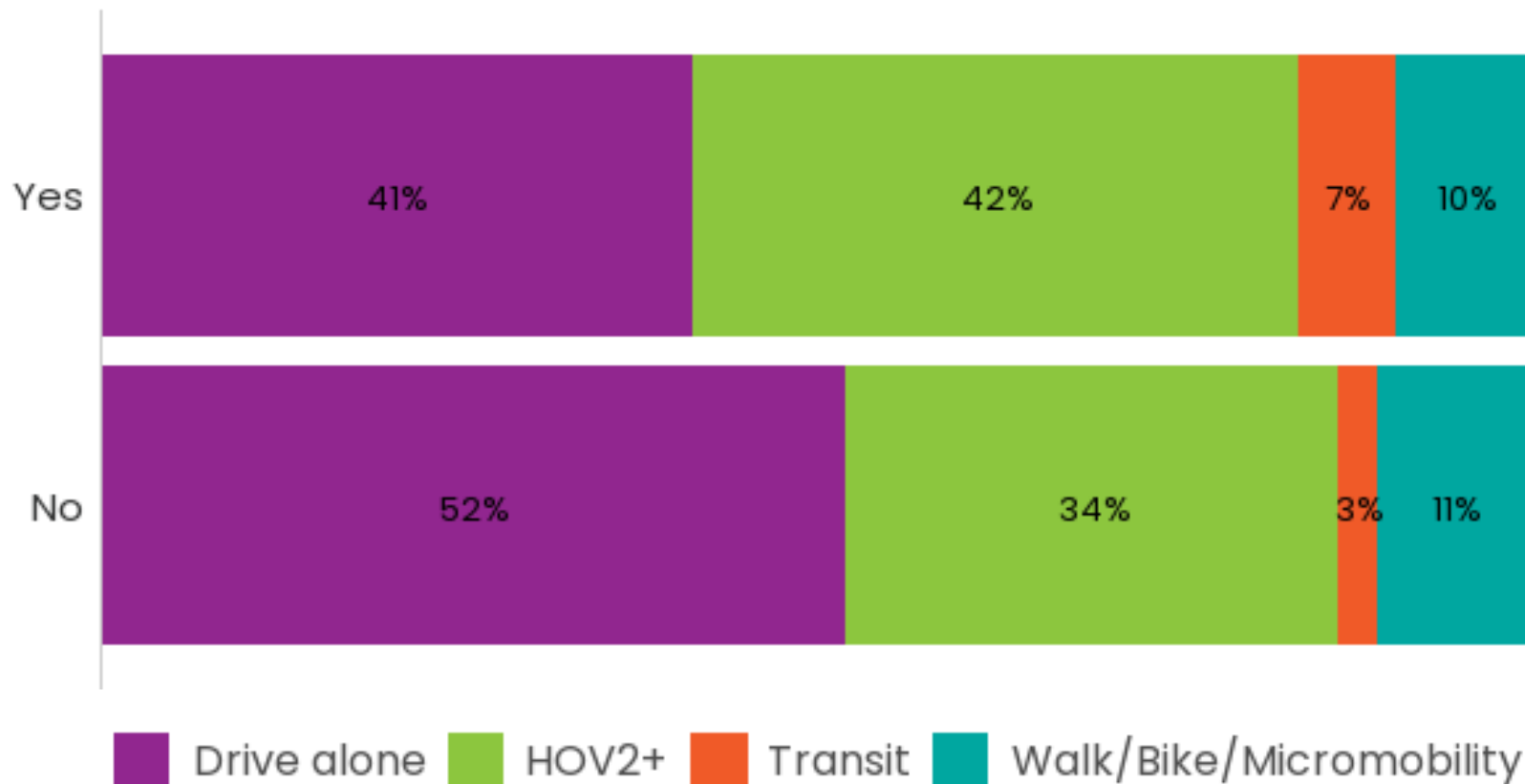
2023 only

See [9/18 CMAC](#) for travel analyses on priority populations by purpose & demographics

New question on disability in 2023 survey.

A similar proportion of trips between groups involve driving, but those with disabilities are more likely to travel with someone else.

Transit use for those with disabilities is double that of the rest of the population.



# Average weekday vehicle miles travel

Per resident by home location, 2023 only

See [9/20 RTOD](#) for travel in Regional Growth Centers & High-capacity Transit communities

Home Location	Vehicle Miles Travel (VMT) per resident
Region	15.5
All Regional Growth Centers (RGC)	10.2
Not in RGC/In Urban Growth Areas (UGA)	15.2
Outside UGA	24.8

People who live in regional growth centers have the lowest VMT per resident in the region.

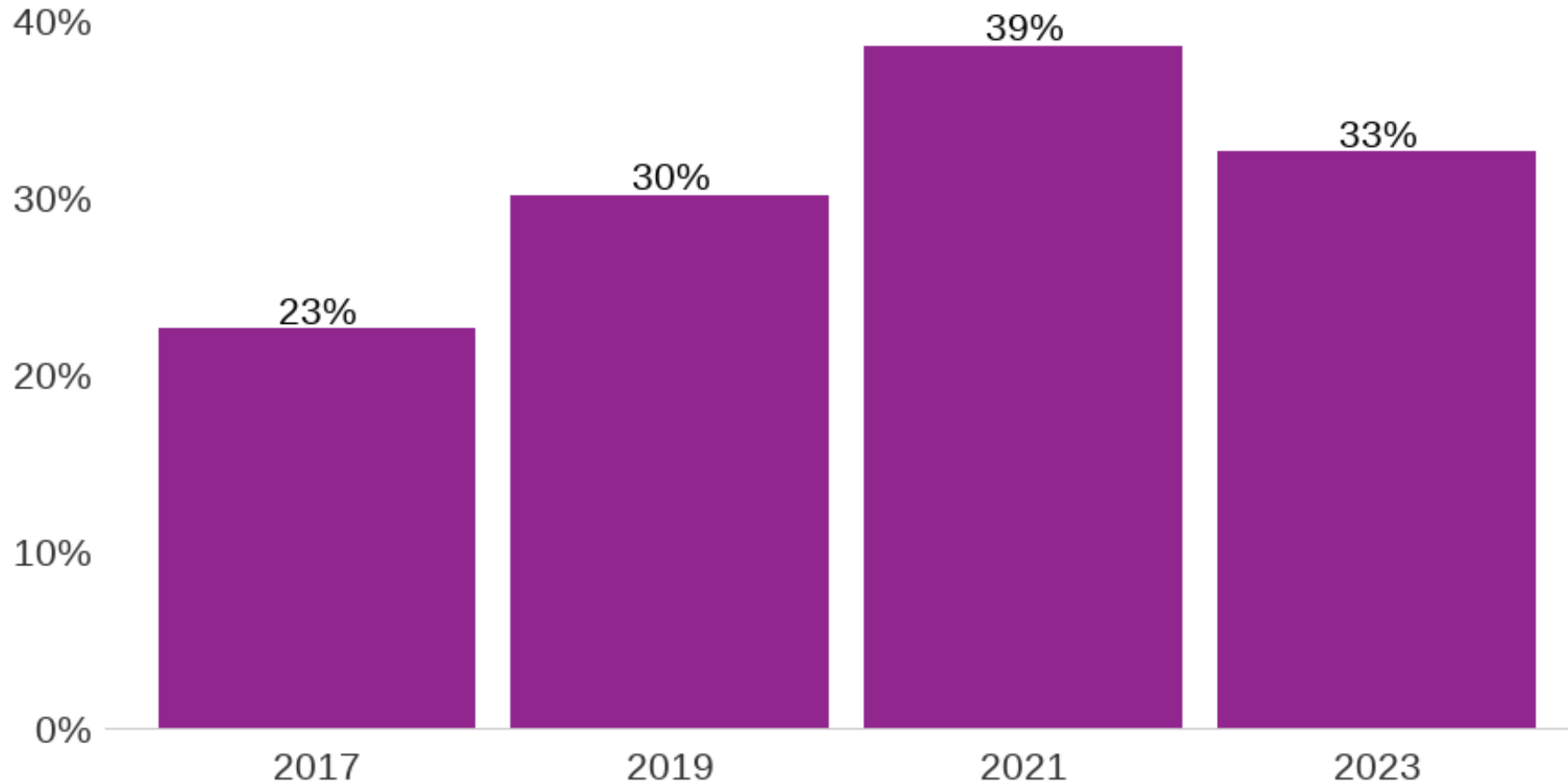




# Home package delivery

Share of households receiving packages on average weekday

See [10/9 FAC](#) for analyses on deliveries & other travel demands induced by residents



Home package deliveries peaked in 2021.

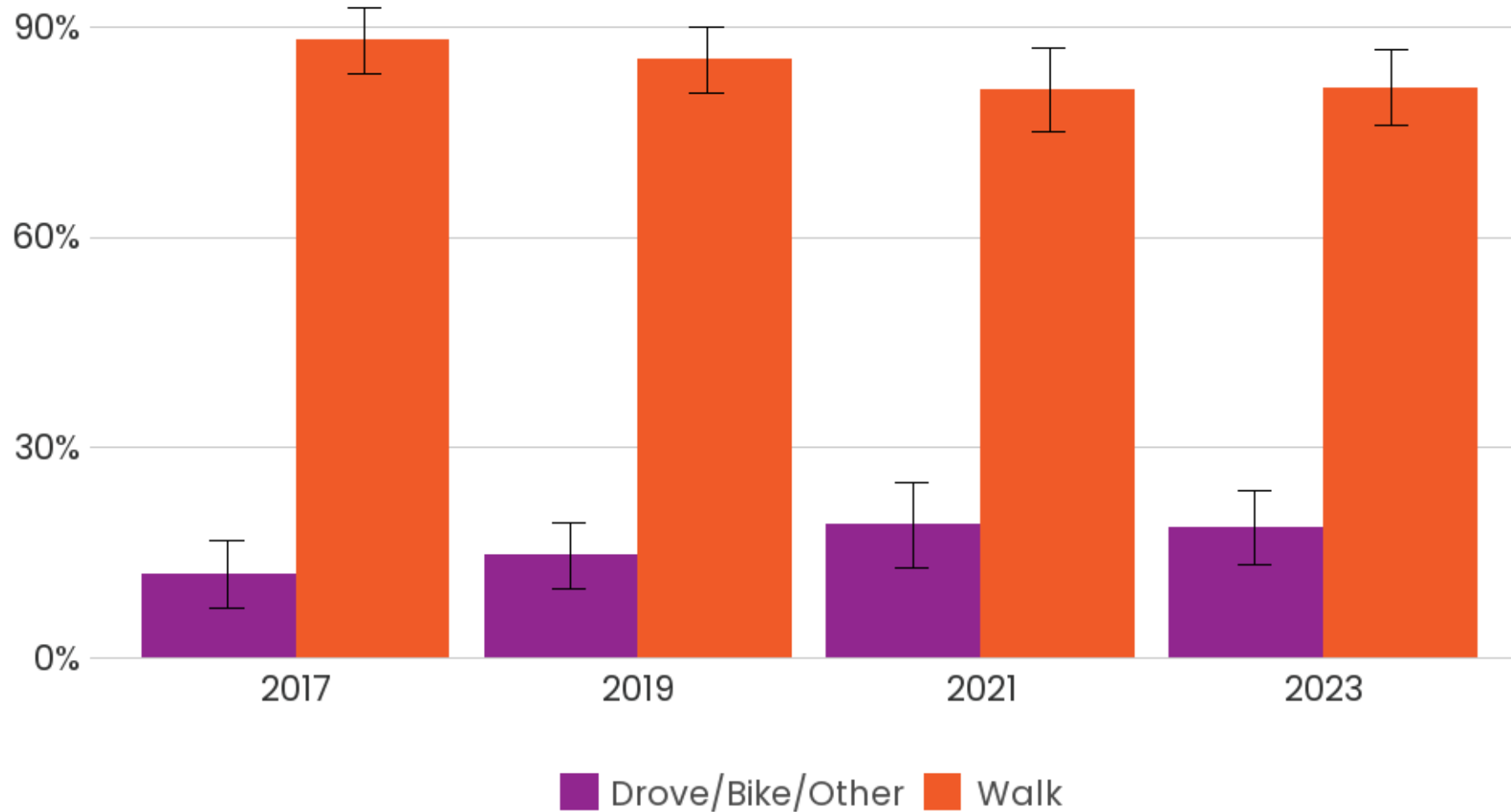
A third of regional households got packages on an average weekday in 2023.



# Transit access mode

Share of transit trips accessed by walk & other modes

See [10/23 TOC](#) for analyses on transit behaviors



Most people walk to transit. In 2017, 88% accessed transit by walking. In 2023, it had dropped to 81%, but the decrease is within the margin of error.



# 2025 HTS Timeline

2024	October	Started 2025 HTS project with consultants
2025	January	Direct coordination with some jurisdictions to elevate awareness of survey project
	February – June	Data collection
	July	Data cleaning, processing, weighting begins
2026	March	Final data delivery & publication







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**Thank You!**



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