Overview

• Health in VISION 2040
• Work Since VISION 2040
• Potential Changes for Discussion
• Next Steps
Goal
The region’s communities will be planned and designed to promote physical, social, and mental well-being so that all people can live healthier and more active lives.

Health Policies Throughout VISION

• Environment
• Development Patterns
• Housing
• Economy
• Transportation
• Public Services
Since 2008, PSRC has worked with local health districts and other community partners to complete several projects that promote healthy communities.
Health outcomes vary by place, race, and income.

Tacoma-Pierce County Health Department found a 17-year difference in life expectancy between the healthiest and least healthy zip codes in Pierce County.

Source: Fairness Across Places? Your Health in Pierce County, 2015. Tacoma-Pierce County Health Department.
Taking Stock 2016 & VISION 2050 Scoping

Comments gathered suggest that VISION should expand beyond the built environment and consider health implications related to social cohesion, climate change, housing conditions, access to healthy food, and equity.
Potential Chapter Updates

- Text to discuss health more holistically
- Describe health disparities
- Continue to apply a “health-in-all-policies” approach
- Build on social and racial equity work by adding a new policy to reduce health disparities

Are these changes on the right track? Are there other changes that should be considered?
Next Steps

- March: Discuss strikethrough policy language
  - Health-related policies in all chapters
Thank you

Andrea Harris-Long, AICP
Senior Planner
AHarris-Long@psrc.org