Overview

- Health in VISION 2040
- Work Since VISION 2040
- Potential Changes for Discussion
- Next Steps
Goal
The region’s communities will be planned and designed to promote physical, social, and mental well-being so that all people can live healthier and more active lives.

Health Policies Throughout VISION

- Environment
- Development Patterns
- Housing
- Economy
- Transportation
- Public Services
Since 2008, PSRC has worked with local health districts and other community partners to complete several projects that promote healthy communities.
Work since VISION 2040: Health Disparities

Health outcomes vary by place, race, and income.

Tacoma-Pierce County Public Health found a 17-year difference in life expectancy between the healthiest and least healthy zip codes in Pierce County.

Source: Fairness Across Places? Your Health in Pierce County, 2015. Tacoma-Pierce County Health District.
Taking Stock 2016 and VISION 2050 Scoping

• Comments gathered suggest that VISION should expand beyond the built environment and consider health implications related to social cohesion, climate change, housing conditions, access to healthy food, and equity.
Potential Chapter Updates

- Text to discuss health more holistically
- Describe health disparities
- Continue to apply “health-in-all-policies” approach
- Add health-related social equity policy

Are these changes on the right track? Are there other changes that should be considered?
Next Steps

Growth Management Policy Board

• January: Health Overview

• March: Discuss strikethrough policy language
  • Health-related policies in all chapters
Thank you

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