Highlights from the 2020-23 Area Plans

July 15, 2020
Area Plans on Aging

• 4-Year plans required by State & Older Americans Act
• Guide Area Agencies on Aging (AAA) work
• Promote age-friendly communities for older adults and persons with disabilities
• Identify needs and gaps in each AAA service area
• Include strategies to improve the identified gaps
Over the last 10 years, the number of older adults increased by 39% and people with disabilities by 19%.
2019 Snohomish Council on Aging Survey Summary
Survey distribution was a partnership

- COA members distributed it
- Available on Snohomish County Long Term Care and Aging website
- Hard copies available at 13 senior centers in county
- Survey available at Everett Housing Authority, Housing Authority of Snohomish County, libraries, senior residences, family caregiver programs, and many other service providers
- Translated into Korean and Spanish
- Bilingual workers helped clients complete surveys in Ilocano, Farsi, Swahili, Cambodian, Russian, Ukrainian, Vietnamese, Tagalog, Amharic
COA Survey had 2,138 respondents

- 71% were female
- 29% were male
- 84% were between the ages of 60 and 89 years
- 28% indicated they were living with a disability
- 35% lived alone; 40% lived with a spouse or partner
Top Needs Identified for Older Adults

- Access to health care 40%
- Enough money to pay for basic needs 37%
- Housing 33%
- Socialization 33%
- Transportation 24%
Biggest Transportation Challenges

- Do not like having to rely on others for transportation: 17%
- Cannot afford gas, insurance, and other costs associated with a car: 15%
- Not comfortable driving/cannot drive: 13%
- Not familiar with transportation services that are available: 9%
- No bus service in my area: 8%
- Do not have someone to drive me: 6%
- Do not know who to call for help: 4%
Other transportation challenges identified by older adults:

- Traveling at night
- Traveling long distances
- Not having enough accessible public transportation
COVID-19 Responses

- Increase home-delivered meal capacity
- Transform congregate meals into to go or pick up meals
- Using TAP drivers to deliver meals and food boxes
Kitsap County Aging and Long-Term Care

2020-2023 Area Plan
AAA Programs and Services

Direct Services
- Senior Information and Assistance
- Family Caregiver Support Services
- Case Management-Title XIX Medicaid, Medicaid Alternative Care and Tailored Supports for Older Adults, and Health Homes
- Medicare Improvement Patients and Providers Act (MIPPA)
- Senior Drug Education Program
- Long-Term Care Ombudsman Program

Network Contracted Services
- Adult Day Health/Out of Home Respite
- Dementia supports
- In-home Personal Care Services
- Kinship Care Services (grandparents raising grandchildren)
- Medicaid Waiver Services
- Nursing Services (for Medicaid in-home care consumers)
- Older Adult Counseling Services (mental health & chemical dependency)
- Senior Legal Services
- Senior Nutrition Services (home delivered meals, congregate/community dining sites, Senior Farmer’s Market)
- Wellness Programs
Survey Results

What we’re hearing from our community...
Identified needs for older adults

Top Three:
- Dementia Support/Brain Health
- Food Access/Nutrition
- Healthcare
Identified needs—Adults with disabilities

Top Three:
- Transportation
- Housing
- Mental Health Support
Wellness and community engagement

Active, Connected, Engaged

- Almost ½ of survey respondents participate in exercise or wellness programs (43%) and/or volunteer (47%).
- A great percentage participates in social, cultural, or religious activities in the community (63%).
- Social engagement priority interests included exercise programs, day trips and educational seminars.

What prevents participation?

- Health & Wellness activities
  11% responded no transportation.

- Social, cultural or religious activities
  13% responded no transportation.
Services and barriers to access

Services most identified as “currently used” were exercise, food banks and senior centers.

However, services would “plan to use” were in-home personal care, caregiver support and transportation.

“Few amenities near my home” was the largest barrier to community access, followed by poor or no sidewalks, no public transportation, no accessible transit, physical ability limitations and concern for personal safety.
82% of respondents reported they currently drive.

- 30% ride with friends or family
- 10% ride the bus
- 7% use Access
- 4% use a taxi
- 2% use a volunteer transportation program
- 1% use Paratransit

11% selected “other”

Comments included: Caregiver drives me, Uber, specific volunteer transportation programs, walk, or ferry. And, “No bus service in 98340-Hansville”

Approximately 39% of survey respondents considered transportation and accessibility issues to be unmet needs or barriers to independence for older adults in Kitsap County.
Transportation - Community Comments

Suggestions on a how to make a more welcoming community for older adults and people with different abilities:

- Improved routes, locations and wait times
- Better access at bus stops and to connections
- Bus service needed on Sundays and evenings and in outlying areas
- Improved county-to-county options
- Option to exit buses without steps down

Transportation concerns were also included in comments related to problems with current housing:

- Seabeck is not serviced by any bus routes
- Limited bus service hours or bus transportation and difficult to get access to transit
Thank You
Questions and Comments

Kitsap County Division of Aging & Long-Term Care
Area Agency on Aging

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Discussion Questions

• Are there any priority areas related to transportation that we would like to address as a region?
• How can we, as a region, best collaborate to close identified gaps in the plans? What are the opportunities?
• Lessons learned from targeted outreach?
2020-2023 Area Plan

PIERCE COUNTY HUMAN SERVICES
AGING AND DISABILITY RESOURCES

PUBLIC HEARING PRESENTATION
SEPTEMBER 17, 2019
Assessing Pierce County Needs

- Community Forum
- Community Survey / Needs Assessment
- Key Informant / Stakeholder Input
- Program Monitoring Outcomes
- Local, State & National Data
Top Needs and Priorities

In your opinion, what are the top three needs for older adults?

1. Health & wellness
2. Health care
3. Income/Financial concerns
4. Socialization
5. Transportation
6. Food
7. In-home personal care
8. Housing
9. Housekeeping help
10. Information and assistance
Other - Write In
In your opinion, what are the top three needs for adults with disabilities?

1. Transportation
2. In-home personal care
3. Health care
4. Housekeeping help
5. Income/Financial concerns
6. Socialization
7. Food
8. Housing
9. Health & wellness
10. Information and assistance
If Pierce County had additional funding for programs and services to help older adults and adults with disabilities live safely in their own homes and communities, where should this funding be invested? (choose top 3 answers)

1. Volunteer transportation
2. Minor home repairs
3. In-home personal care
4. Housekeeping help
5. Dementia support services
6. Home delivered meals
7. Senior meal site programs
8. Information and/or outreach
9. Counseling or support groups
10. Health and wellness classes
11. Caregiver training and education
12. Legal assistance
## Local Priority Issue Areas

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<tr>
<th>Built Environment*</th>
<th>Community &amp; Health Support*</th>
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<tbody>
<tr>
<td>• Transportation</td>
<td>• Information &amp; Access</td>
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<tr>
<td>• Housing</td>
<td>• Nutrition</td>
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<td></td>
<td>• Health Promotion</td>
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<td>• Emotional Support / Mental Health</td>
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<td>• Other Caregiver Supports</td>
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<table>
<thead>
<tr>
<th>Social Environment*</th>
<th>Older Native Americans</th>
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<tr>
<td>• Diversity / Equity / Inclusion</td>
<td>• Tribal Engagement / Service Planning</td>
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*Age-Friendly Communities Domains (WHO)
Based on the survey, Pierce County elected to continue to provide funding to:

- **Beyond the Borders** (to transport seniors to and from our funded Eatonville congregate meals site)
- **Catholic Community Services Volunteer Transportation Program**
- **Lutheran Community Services Volunteer Transportation Program**
Transportation

**Goal:** Improve transportation options and services for older adults, persons with disabilities, and other special needs populations.

**Objectives:**

1. Participate in state, regional, and local coordinated transportation planning efforts.
2. Support Pierce County, community transportation and human service providers in the coordination, development, and implementation of the proposed statewide dialysis transportation pilot project, designed to increase transportation services and options.
Transportation

**Measures**

1.1 Increase or maintain, in partnership with community stakeholders, WSDOT grant funding awarded for Pierce County’s special needs population transportation services at the 2019-2021 biennium award level of $2,958,803 (*includes $995,000 capital projects funding) for six transportation service projects. *(Jan 2020-Dec 2023)*

1.2 Collaborate with the Pierce County Coordinated Transportation Coalition on the development and implementation of the 2021-2025 Pierce County Coordinated Transportation Plan. *(Jan 2020-Dec 2020)*

1.3 Participate in the development and implementation of the Dialysis Transportation Pilot project in Pierce County. *(Jan 2020-Dec 2021)*
Section C – Issue Areas

- Support Healthy Aging
- Enhance Well-Being
- Maximize Independence

 ADS Goals and the Continuum of Service
Transportation

Transportation is frequently identified as among the most important issues for older adults in King County. During community engagement activities conducted in early 2019 and previously, ADS heard about transportation challenges including the multiple barriers faced by those with special health needs, difficulty navigating the transportation system, and the acute need for improved transportation in rural areas. Approximately one third of King County residents have some mobility challenge related to disability, age, or income. Additionally, due to lack of affordable housing, some of the highest-need populations are being displaced to suburban and rural areas that are not well-served by public transit. In a recent community needs survey conducted by ADS, cost was the most commonly cited transportation challenge.

Community transportation, also referred to as “special needs transportation,” serves as a lifeline that connects older adults to healthcare, supportive services, social and cultural engagement, and healthy food. Several public and private transportation agencies have convened as the King County Mobility Coalition to support innovative, coordinated community transportation and person-centered mobility management.

Goal 4: Support increased coordination of community transportation serving older people.

Objectives:

a. Implement transportation coordination tool to include web- and/or app-based ride request feature with full adoption by ADS-funded transportation providers.
Health Transformation

ADS recognizes that much of health happens outside the clinical setting and is influenced by where a person lives and the extent of a person’s social network. ADS has a long history of developing shared partnerships and aligning our resources with healthcare systems to better address needs of individuals at points of transition, and decrease avoidable healthcare utilization (see AAA Services section). The biggest challenge the Area Agency on Aging for King County has in implementing strategies for change is working with vast health and community systems and a multitude of initiatives. King County has more than 10 hospitals and health systems, several with multiple campuses; more than 60 skilled nursing facilities; and hundreds of community-based health and human services provider organizations. Challenges in this environment include accountability, alignment of ongoing initiatives, staff continuity in planning meetings, and constant education of services and supports.

ADS’ previous Area Plan forecasted opportunities to contribute to development of Accountable Community of Health (ACH) in King County. During those four years, ADS participated in the development of King County’s ACH, HealthierHere, as a member of the Interim Leadership Council. ADS now participates in HealthierHere’s established governing structure and contributes to development and oversight of innovation projects—projects that seek to improve population health and achieve greater health equity. ADS will continue to engage with HealthierHere as an innovation partner, supporting efforts in cross-sector collaboration, training, community-clinic partnerships.

In alignment with the HealthierHere Innovation Target areas, ADS has identified future opportunities to enhance existing coordination with first responders through collaborative dispatch service, on-scene services, and after-care community services. ADS continues to work with our partners to ensure that King County residents receive the best possible emergency services, regardless of age, race, ethnicity, socioeconomic status, gender, culture, and language.

Goal 2: Coordinate with King County on reducing unnecessary emergency department use for older adults.

Objective:

a. Collaborate with first responders to improve health outcomes and reduce unnecessary EMS and hospital emergency department use.
2020 Discretionary Budget

The Planning & Allocations Committee considered the following when developing recommendations for 2020:

- Priority Areas: Case Management, Information & Assistance, Elder Abuse Prevention, Nutrition, and volunteer Transportation
- Service area trends and issues
- Impacts from the King County Veterans, Seniors, and Human Services Levy

Voted to recommend the proposed budget “as is”.
Thank you.

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